# <sup>°</sup> Connecting the Dots Between Attitude and Leadership



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## Welcome!

The greatest thing about attitude is that it is the one thing we all have the ability to control. It's a CHOICE!



Why a Leader's Attitude is Contagious
 The Three I's of Effective Leadership
 Embracing Turbulence with an Amazing Attitude

- Employee Engagement and Internal Customers
  - Improving the Quality of Your Leadership
    - 15 Phrases to Avoid
      - Staying Positive

#### Attitudes are Contagious... is YOURS Worth Catching?

One of the greatest gifts a leader can bring to a team is self-awareness and an understanding of their attitude and the impact it plays on relationships, the performance of their team, and everyone around them.



# A positive attitude may not solve all problems, but it will annoy enough people to make it worth the effort.



- Attitude is a hidden ingredient in a company's culture and is impossible to measure.
- A positive attitude will have a positive impact on productivity, quality, service, innovation, and the emotional bond customers feel with your company.

#### How Leaders Exhibit Positive Behavior

- Develop a positive vision.
- Set goals and take actions daily.
- Choose positive self-talk.







#### How Leaders Exhibit Positive Behavior

 Hang out with other positive people.

- Focus on job responsibilities, not job functions.
- Think funny.







#### How Leaders Exhibit Positive Behavior

Do what you LOVE! Stay physically fit.

Stay focused on results.





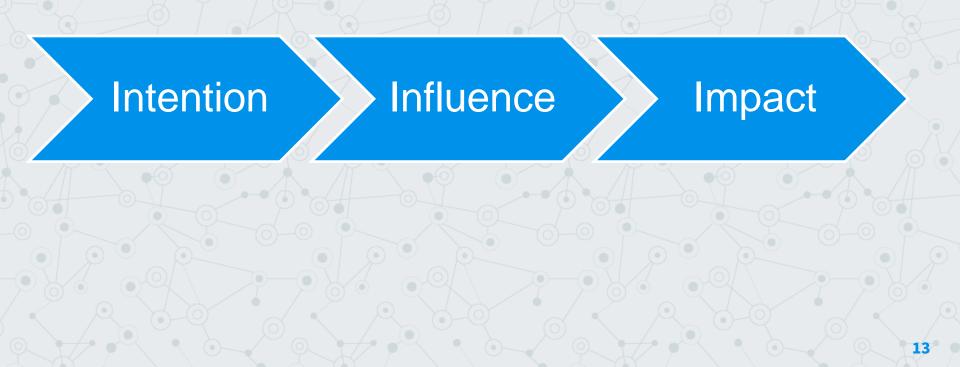


#### Listen To Others



## ATTUDE REFECTS LEADERSHIP

## The 3 I's of Leadership



# LIVE LESS DUT OF H9BIT QND MORE OUT OF INTENT.

## Intention



# Influence

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#### Leadership is a Choice...(Funny, so is Attitude!!!)

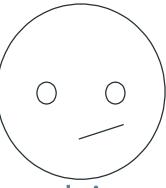
Will you be intentional?

 Are you committed to being the kind of person and leader that people will trust and want to follow?

What is your 'why"?



# Embrace Turbulence



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What can go wrong at work in a single day?

- If you are a manager, problems are job security!
- If there aren't problems in business, we wouldn't need management.
- Lucky for us, huh?!



### What is the stuff you can control?

Attitude
Anticipation
Readiness



- Complacency lets down your guard.
- Predictive, proactive realism always keeps you sharp.

#### Embrace Turbulence Before it Becomes Turmoil

- Did your last project that didn't go your way take you down or prepare you to outperform it?
- O Did your last failure demoralize you or did it teach you to make better decisions?

- If you know that bombs are regularly going to drop, you won't be surprised when they do.
  - It's the ATTITUDE of LEADERSHIP!!!!
    - (are those dots connecting yet?)

Engagement Levels and the Internal Customer



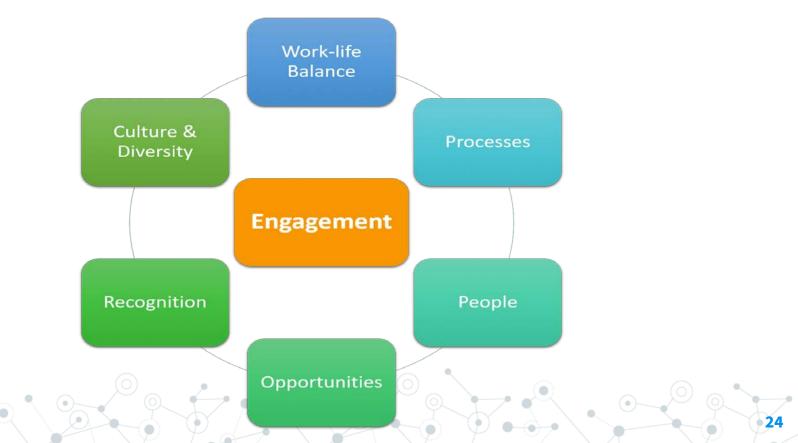
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### **Employees Are YOUR Customers!**



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#### What Does Engagement Look Like?







Find another person in the room and ask each other which item is most important to you for your own work engagement.

Any connecting dots yet?

### **Employees** Needs

- Knowing what is expected
- Materials and equipment
- Opportunity to do best
- Recognition and praise
- Someone who cares
- Encouraging development
- Opinions count
- Connection to company mission
- Committed to quality work
- Best friend at work
  - Talking about progress
  - Opportunities to grow

- Focus Me
- Free me from unnecessary stress
- Know me
- Help me see my value
- Care about me
- Help me grow
- Hear me
- Help me see my importance
- Help me feel proud
- Help me build trust
- Help me review my contribution
- Challenge me

### Develop Your Leadership...DAILY!

- There's not a one-size-fits-all leadership strategy.
- It takes some reflection and self-awareness to figure out your "exercise regime".

Make it Simple
 Make it Stretchy
 Make it Fun



#### How Successful Leaders Build TRUST

- Being accessible
- Being confident
- Being credible
- O Being honest
- Being supportive
- Being dependable
- Being consistent
  - Being open
  - Being empathetic Being appreciative

#### Verbal Qualifiers

- Verbal qualifiers, or splitters, are phrases that make leaders look weak as they enable us to avoid taking a verbal stand.
- There are 15 common verbal qualifiers-note the ones you use and consider changing your speech patterns to convey your point more effectively.

People judge us by our use of language, so it's essential to be aware of our own.

> "The building is *pretty* ugly and a *little* big for its surroundings."



- 1. Almost
- 2. A little
- 3. Sort of
- 4. Kind of
- 5. Maybe
- 6. Just
- 7. Sometimes
- 8. May
- 9. Might
- 10. They
- 11. Everyone
- 12. Someone
- 13. Probably
- 14. As if
- 15. Better

Think positive! HOW POSITIVITY CAN CHANGE YOUR LIFE

#### The Power of Positivity

# The human mind is not capable of not thinking, at least at the subconscious level.

Our mind is always occupied by thoughts, whether we want to or not, and they influence every action.



Learn to substitute every negative thought with a positive one.



See the positive side of every situation, even when you are surrounded by pure negativity.



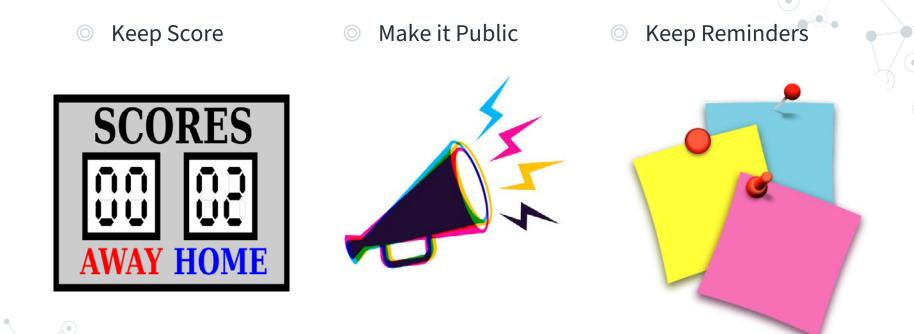
 At least once a day, take a moment and think of 5 things you are grateful for.

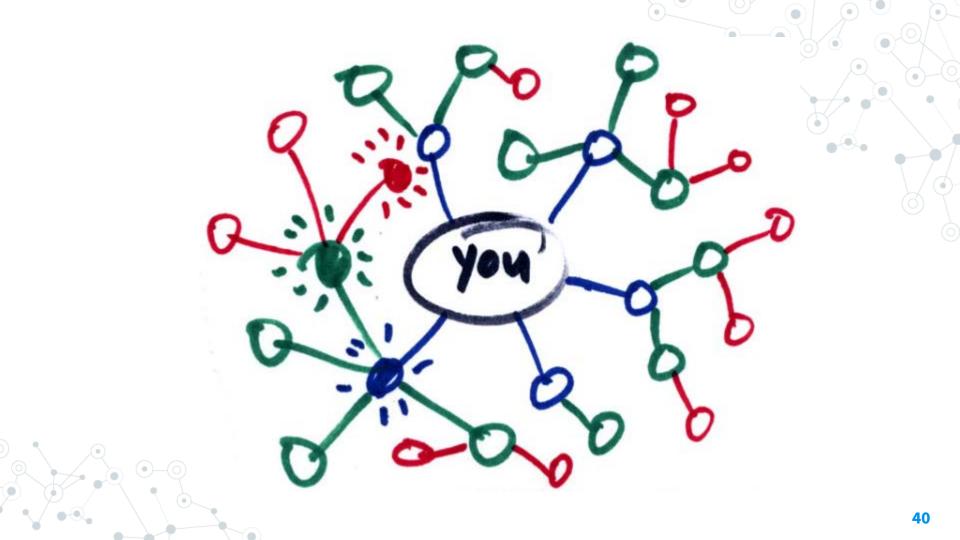


o Change the mental images you allow to enter your mind.



#### How Do You Stay On Track?





**Attitude Reflects Leadership** What is your "Why?" Handle Turbulence Before it Becomes Turmoil Stay Engaged CONNECTING THE DOTS Watch Your Words Positivity is Key

# Thank You!!!

## **Any questions?**

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